## November 13th GRIN Meeting



## **Habits of Successful Inventors**

Do you ever find yourself in a rut or struggling to be creative? Well, you're not alone. One solution may be more in your control than you realize.

Join us at our next meeting to learn how you can harness the power of your habits and become a more successful, engaged and present inventor. GRIN president, Steve Chappell, will be sharing habits of successful people that can positively and dramatically impact your life. From there, you will gain an understanding of how your current patterns may contradict with the habits of successful individuals.

Attendees can expect to take away -

an increased awareness of their current patterns of behaviour, tips for establishing (and maintaining!) healthy habits and a list of small daily habits that can increase your chances of inventing successfully

Steve Chappell is a habit coach that trains people on forming good habits that are scientifically proven to work. He uses an evidence-based approach to help people to not only form but to also maintain good habits. He draws from the world's greatest minds in psychology, philosophy, anthropology and behavioural economics.

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." - Will Durant

## Please Join Us

Date: November 13, 2018

**Time:** 6:00 pm

Place: GVSU Eberhard Center

301 Fulton W Room 215-A

Grand Rapids, MI 49504

\*\*Admission is Free\*\*

If you are not a current member, you can attend one GRIN meeting for free to learn more about the network